



# Maryland Weekly Influenza Surveillance Activity Report

A summary of influenza surveillance indicators reported to MDH for the week ending March 31, 2018

Prepared by the Infectious Disease Epidemiology and Outbreak Response Bureau  
Prevention and Health Promotion Administration  
Maryland Department of Health

*The data presented in this document are provisional and subject to change as additional reports are received.*

## SUMMARY

During the week ending March 31, 2018, influenza-like illness (ILI) intensity in Maryland was **MINIMAL** and there was **WIDESPREAD** geographic activity. The proportion of outpatient visits for ILI reported by Sentinel Providers increased slightly. The proportion of outpatient visits for ILI reported by Maryland Emergency Departments decreased. The proportion of MRITS respondents reporting ILI increased. Clinical laboratories reported a decrease in the proportion of specimens testing positive for influenza. Two hundred fifty-five specimens tested positive for influenza at the MDH lab. There were 90 influenza-associated hospitalizations. The cumulative season number of influenza-associated deaths among hospitalized adults was 97. Four respiratory outbreaks were reported to MDH.

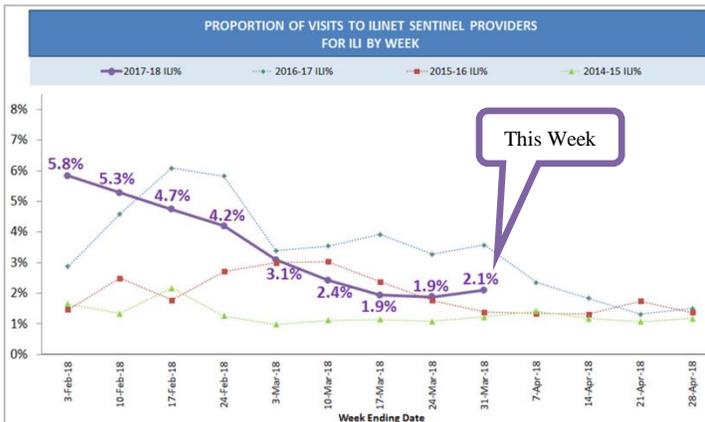
[Click here to visit our influenza surveillance web page](#)

ILI Intensity Levels
✓ Minimal
Low
Moderate
High

Influenza Geographic Activity
No Activity
Sporadic
Local
Regional
✓ Widespread

## ILINet Sentinel Providers

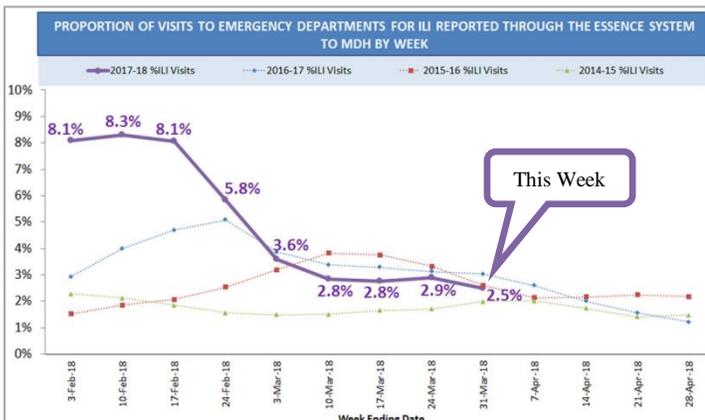
Twenty-two sentinel providers reported a total of 5,799 visits this week. Of those, 122 (2.1%) were visits for ILI. This is **above** the Maryland baseline of **2.0%**.



ILI Visits To Sentinel Providers By Age Group	This Week Number (%)	Last Week Number (%)	Season Number (%)
Age 0-4	34 (28%)	39 (30%)	1,181 (23%)
Age 5-24	47 (39%)	47 (36%)	2,099 (40%)
Age 25-49	22 (18%)	34 (26%)	1,101 (21%)
Age 50-64	16 (13%)	8 (6%)	561 (11%)
Age ≥ 65	3 (2%)	3 (2%)	255 (5%)
<b>Total</b>	<b>122 (100%)</b>	<b>131 (100%)</b>	<b>5,197 (100%)</b>

## Visits to Emergency Departments for ILI

Emergency Departments in Maryland reported a total of 40,179 visits this week through the [ESSENCE surveillance system](#). Of those, 1,002 (2.5%) were visits for ILI.



ILI Visits To Emergency Departments By Age Group	This Week Number (%)	Last Week Number (%)	Season Number (%)
Age 0-4	194 (19%)	226 (19%)	9,539 (24%)
Age 5-24	296 (30%)	348 (29%)	11,344 (28%)
Age 25-49	293 (29%)	363 (30%)	10,385 (26%)
Age 50-64	117 (12%)	140 (12%)	5,012 (12%)
Age ≥ 65	102 (10%)	120 (10%)	3,926 (10%)
<b>Total</b>	<b>1,002 (100%)</b>	<b>1,197 (100%)</b>	<b>40,206 (100%)</b>

## Neighboring states' influenza information:

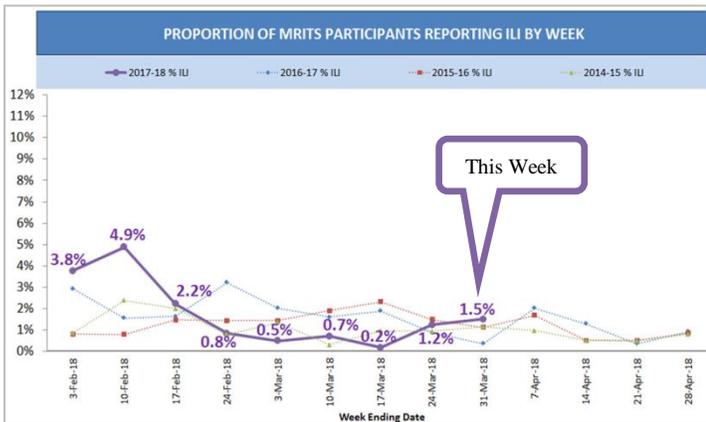
- Delaware <http://dhss.delaware.gov/dph/epi/influenzahome.html>
- District of Columbia <http://doh.dc.gov/service/influenza>
- Pennsylvania <http://www.health.pa.gov/My%20Health/Diseases%20and%20Conditions/I-L/Pages/Influenza.aspx#.V-LtaPkrJD8>
- Virginia <http://www.vdh.virginia.gov/epidemiology/influenza-flu-in-virginia/influenza-surveillance/>
- West Virginia <http://dhhr.wv.gov/oeps/disease/flu/Pages/fluSurveillance.aspx>

# Maryland Weekly Influenza Surveillance Activity Report

A summary of influenza surveillance indicators reported to MDH for the week ending March 31, 2018

## Community-based Influenza Surveillance (MRITS)

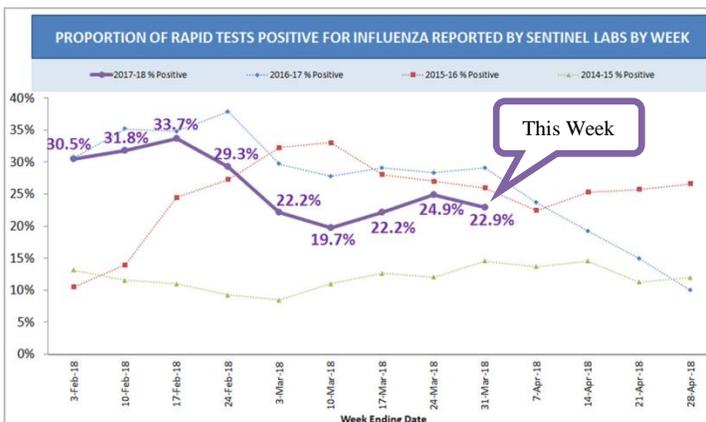
MRITS is the Maryland Resident Influenza Tracking System, a weekly survey for influenza-like illness (ILI). A total of 601 residents responded to the [MRITS survey](#) this week. Of those, 9 (1.5%) reported having ILI and missing 20 cumulative days of regular daily activities.



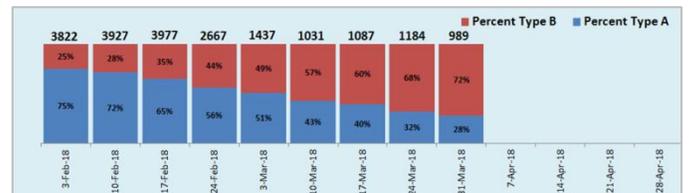
MRITS Respondents Reporting ILI By Age Group	This Week Number (%)	Last Week Number (%)	Season Number (%)
Age 0-4	1 (11%)	--	8 (3%)
Age 5-24	2 (22%)	1 (14%)	78 (32%)
Age 25-49	3 (33%)	1 (14%)	49 (20%)
Age 50-64	3 (33%)	5 (71%)	85 (35%)
Age ≥ 65	--	--	26 (11%)
<b>Total</b>	<b>9 (100%)</b>	<b>7 (100%)</b>	<b>246 (100%)</b>

## Clinical Laboratory Influenza Testing

There were 51 clinical laboratories reporting 4,322 influenza diagnostic tests, mostly rapid influenza diagnostic tests (RIDTs). Of those, 989 (22.9%) were positive for influenza. Of those testing positive, 280 (28%) were influenza Type A and 709 (72%) were influenza Type B. The [reliability of RIDTs](#) depends largely on the conditions under which they are used. False-positive (and true-negative) results are more likely to occur when the disease prevalence in the community is low, which is generally at the beginning and end of the influenza season and during the summer.

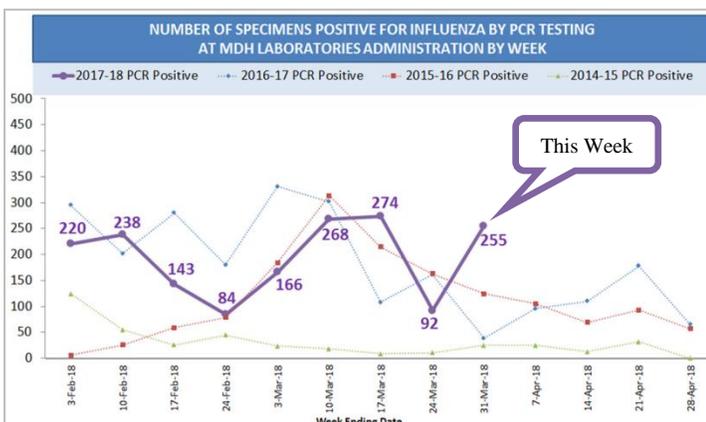


Positive Rapid Flu Tests by Type	This Week Number (%)	Last Week Number (%)	Season Number (%)
Type A	280 (28%)	379 (32%)	21,249 (67%)
Type B	709 (72%)	805 (68%)	10,346 (33%)
<b>Total</b>	<b>989 (100%)</b>	<b>1,184 (100%)</b>	<b>31,595 (100%)</b>



## State Laboratories Administration Influenza Testing

The MDH Laboratories Administration performed a total of 389 PCR tests for influenza and 255 (65.6%) were positive for influenza. Of those testing positive, 101 (39.6%) were positive for Type A (H3), 30 (11.8%) were positive for Type A (H1), 108 (42.4%) were positive for Type B (Yamagata), 14 (5.5%) were positive for Type B (Victoria), and there were 2 (0.8%) that were positive for dual Type A(H3)/B. PCR testing is more reliable than RIDT. The MDH testing identifies subtypes of influenza A and lineages of influenza B, information that is not available from the RIDT results. The table below summarizes results by type, subtype, and lineage.



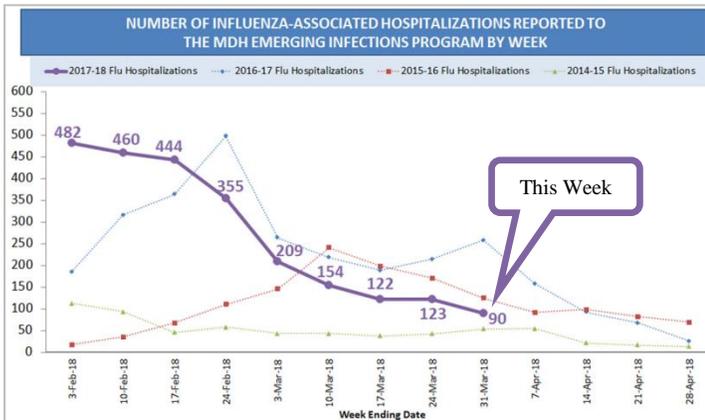
Positive PCR Tests by Type (Subtype)	This Week Number (%)	Last Week Number (%)	Season Number (%)
Type A (H1)	30 (12%)	18 (20%)	513 (18%)
Type A (H3)	101 (40%)	49 (53%)	1,789 (62%)
Type B (Victoria)	14 (5%)	9 (10%)	56 (2%)
Type B (Yamagata)	108 (42%)	15 (16%)	504 (18%)
Dual Type A (H1/H3)	--	--	2 (<1%)
Dual Type A(H3)/B	2 (1%)	1 (1%)	8 (<1%)
Type A (H3N2v)	--	--	3 (<1%)
<b>Total</b>	<b>255 (100%)</b>	<b>92 (100%)</b>	<b>2,875 (100%)</b>

# Maryland Weekly Influenza Surveillance Activity Report

A summary of influenza surveillance indicators reported to MDH for the week ending March 31, 2018

## Influenza-associated Hospitalizations

A total of 90 influenza-associated hospitalizations were reported this week. (A person with an overnight hospital stay along with a positive influenza test of any kind, e.g., RIDT or PCR, is considered an “influenza-associated hospitalization” for purposes of influenza surveillance.) This surveillance is conducted as a component of the Maryland Emerging Infections Program.



Influenza-Associated Hospitalizations by Age Group	This Week Number (%)	Last Week Number (%)	Season Number (%)
Age 0-4	2 (2%)	10 (8%)	269 (6%)
Age 5-17	4 (4%)	6 (5%)	206 (5%)
Age 18-24	3 (3%)	2 (2%)	113 (3%)
Age 25-49	11 (12%)	13 (11%)	537 (12%)
Age 50-64	21 (23%)	27 (22%)	924 (21%)
Age ≥ 65	49 (54%)	65 (53%)	2,292 (53%)
<b>Total</b>	<b>90 (100%)</b>	<b>123 (100%)</b>	<b>4,341 (100%)</b>

## Influenza-associated Deaths

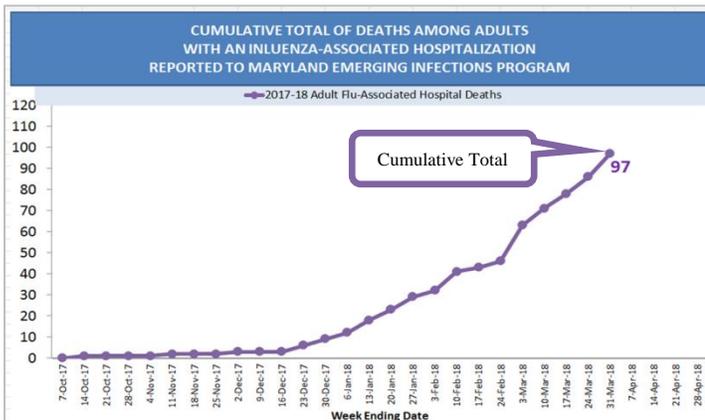
An influenza-associated death is one with a clinically compatible illness and a positive influenza test of any kind.

**Pediatric Deaths:** The total number of pediatric (< 18 years of age) deaths reported this influenza season is 3.

Influenza-associated pediatric mortality is a reportable condition in Maryland. Pediatric deaths are tracked without regard to hospitalization.

**Adult Deaths Among Hospitalized Patients:** A total of 97 deaths have been reported among adults admitted to Maryland hospitals this influenza season.

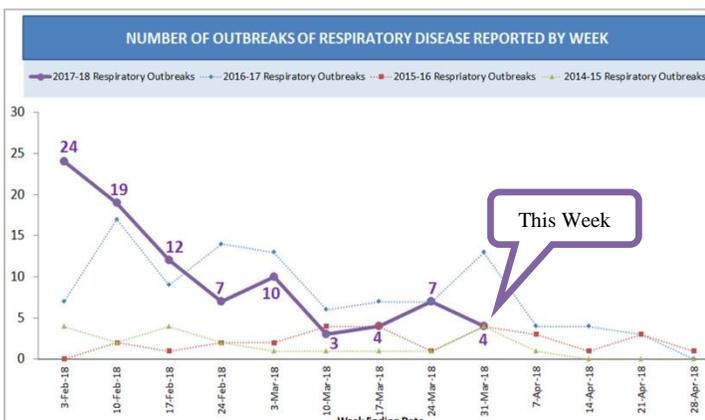
Influenza-associated adult mortality is *not* a reportable condition in Maryland. However, adult mortality surveillance is conducted as a component of the Maryland Emerging Infections Program’s influenza-associated hospitalization surveillance.



Influenza-Associated Deaths	Cumulative Season Total
Pediatric Deaths (Age < 18)	3
Adult Deaths (in hospitalized cases)	97

## Outbreaks of Respiratory Disease

There were four respiratory outbreaks reported to MDH this week. (Disease outbreaks of any kind are reportable in Maryland. Respiratory outbreaks may be reclassified once a causative agent is detected, e.g., from ILI to influenza.)



Respiratory Outbreaks by Type	This Week Number (%)	Last Week Number (%)	Season Number (%)
Influenza	2 (50%)	6 (86%)	137 (79%)
Influenza-like Illness	1 (25%)	1 (14%)	24 (14%)
Pneumonia	1 (25%)	--	13 (7%)
Other Respiratory	--	--	--
<b>Total</b>	<b>4 (100%)</b>	<b>7 (100%)</b>	<b>174 (100%)</b>

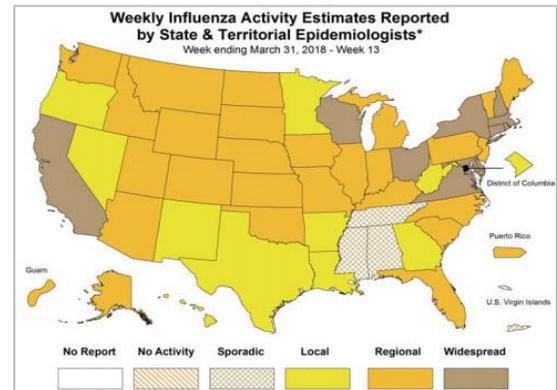
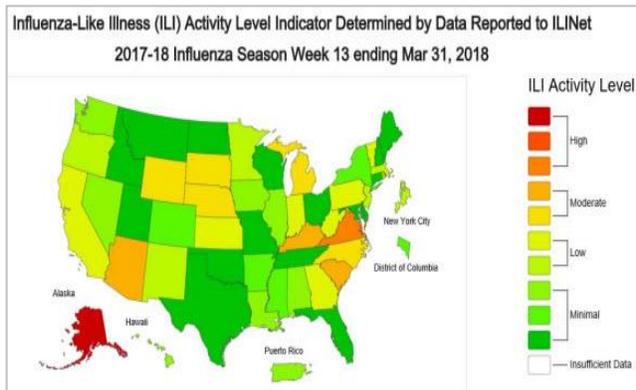
# Maryland Weekly Influenza Surveillance Activity Report

A summary of influenza surveillance indicators reported to MDH for the week ending March 31, 2018

## National Influenza Surveillance (CDC)

During week 13 (March 25-31, 2018), influenza activity decreased in the United States.

- **Viral Surveillance:** Overall, influenza A(H3) viruses have predominated this season. Since early March, influenza B viruses have been more frequently reported than influenza A viruses. The percentage of respiratory specimens testing positive for influenza in clinical laboratories remains elevated.
- **Pneumonia and Influenza Mortality:** The proportion of deaths attributed to pneumonia and influenza (P&I) was below the system-specific epidemic threshold in the National Center for Health Statistics (NCHS) Mortality Surveillance System.
- **Influenza-associated Pediatric Deaths:** Five influenza-associated pediatric deaths were reported.
- **Influenza-associated Hospitalizations:** A cumulative rate of 99.9 laboratory-confirmed influenza-associated hospitalizations per 100,000 population was reported.
- **Outpatient Illness Surveillance:** The proportion of outpatient visits for influenza-like illness (ILI) was 2.4%, which is above the national baseline of 2.2%. Seven of 10 regions reported ILI at or above region-specific baseline levels. Two states experienced high ILI activity; eight states experienced moderate ILI activity; New York City and 12 states experienced low ILI activity; and the District of Columbia, Puerto Rico, and 28 states experienced minimal ILI activity.
- **Geographic Spread of Influenza:** The geographic spread of influenza in 11 states was reported as widespread; Guam, Puerto Rico and 26 states reported regional activity; the District of Columbia and 10 states reported local activity; and the U.S. Virgin Islands and three states reported sporadic activity.



### Where to get an influenza vaccination

Interested in getting a flu vaccine for the 2017-18 influenza season? Go to <https://phpa.health.maryland.gov/influenza/Pages/getvaccinated.aspx> and click on your county/city of residence. You will be redirected to your local health department website for local information on where to get your flu vaccine.